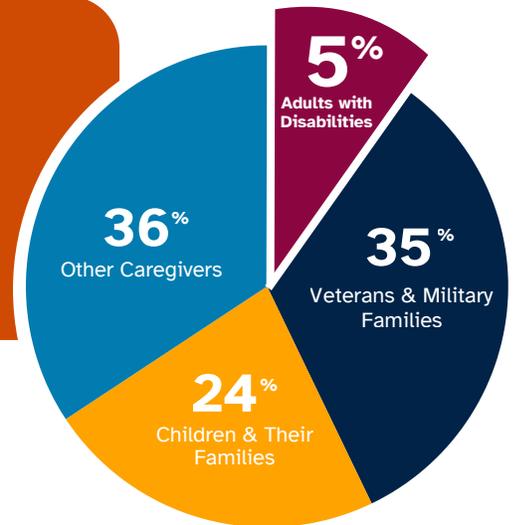




Including Individuals.
Empowering Families.
Strengthening Communities. SM

MISSION IN MOTION

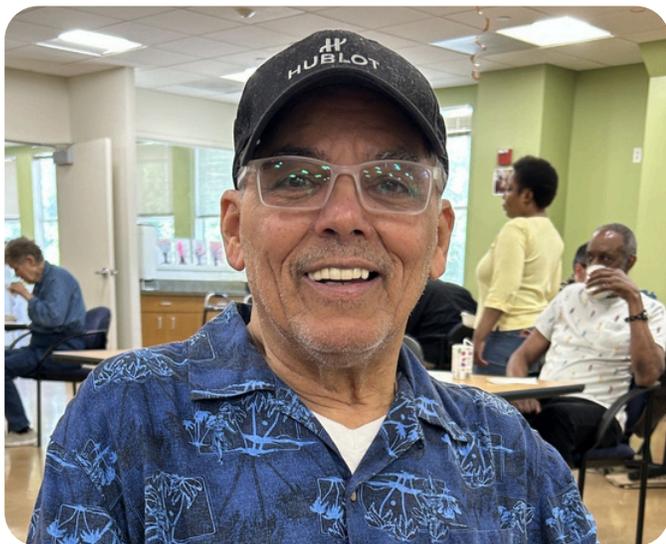
Our Impact on Adults With Disabilities



**Easterseals DC MD VA
Served More than
4,400 People in FY25**

We live in an area of incredible opportunity. Yet for thousands of our neighbors in the District of Columbia, Maryland, and Northern Virginia, differences in ability, education, access, and economic opportunity create barriers. **Easterseals helps people overcome those barriers on the road to well-being.**

For families with an aging parent or other adult with disabilities, Adult Day Services offer more than a place for their loved one to spend time. Easterseals' medical Adult Day Services (ADS) provide engaging activities within a friendly community, along with therapeutic and clinical services. Last year, Easterseals ADS enrolled more than 200 individuals across three locations — enabling those families to work with peace of mind.

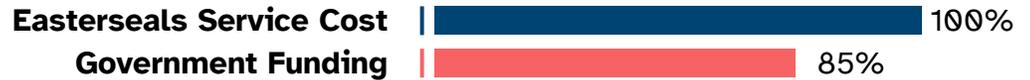


- Our Adult Day Services promote more than 12 hours of cognitive and physical activity each week, keeping both mind and body moving.
- 8 out of 10 caregivers say they feel less stress knowing their loved one is cared for at Easterseals Adult Day Services.
- 97% of participants reported an improved quality of life as a result of attending our centers.

By serving aging adults and those with disabilities, Easterseals is maintaining their physical and mental health, while providing their caregivers with critical respite.

THIS MISSION NEEDS YOUR SUPPORT.

Providing a full day of supervised activities, clinical care, and door-to-door transportation brings high operating costs. Government reimbursement falls far short of funding the needs that our mission requires. Help us close the gap.



Lauren is an independent 40-year-old woman who likes going to concerts and listening to music. Living with cerebral palsy and type 2 diabetes, she uses a motorized wheelchair to get where she needs to go, including Easterseals Adult Day Services in Baltimore.

Lauren enjoys the occasional pampering, so it was frustrating to be turned away from one salon after another when she wanted a pedicure. Each location she entered could not accommodate her wheelchair. Lauren turned her experience into a plan — a business plan, that is, for a spa designed for individuals with disabilities. With support from the Easterseals staff, she is working to bring her vision to life.

“Life can be challenging,” Lauren says, but “Easterseals has been there for me and I’m very grateful for that.”

For much of her life, Tori’s world was small and familiar, shaped by the routines of home and family. **Tori has Down syndrome** and has been attending the Easterseals Adult Day Services program in Hagerstown since 2023. Before enrolling, she lived her entire life at home with her parents, attending school until she turned 16 and then spent all her time at home. While well cared for, Tori led a sheltered and isolated life.

As her parents aged, they developed their own health issues. That’s when Tori’s brother and his wife Angie reached out to Easterseals for support. Tori now lives with them, and Angie says that Tori “seems really happy since she’s started attending Easterseals. She has friends and that means a lot to her and to us.”

Asked what would happen if the Easterseals program was unavailable, Angie says, “That would be devastating. One of us would have to stop working to be able to stay home with Tori. I’m not sure we could manage if that happened.”



We believe that every person – regardless of needs or income – deserves the right to remain an active part of the community.

Help us raise \$250,000 so that we can provide 50 adults with the support they need to live with greater stability and dignity this year.